

1. [Home](#)
2. Entity Print

[Print Page](#)

Managing Seasonal Affective Disorder

[Click Here to Register](#)

Date & Time Dec 17, 2024 1:00 PM - 2:30 PM

Location

Seasonal affective disorder (SAD) is a type of depression that occurs when seasons change. Hear from a mental health expert on ways to manage this change in mood and behavior.

This is a virtual event.